

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	MENU
WEEK 1	Pork Meatballs in Tomato Sauce Pasta Neapolitan (v) Garlic Bread Penne Pasta Sweetcorn Peas Broccoli Chocolate Mousse Cherry and Vanilla Shortbread	Cottage Pie and Gravy Spanish Omelette (v) Creamed Potatoes Jacket Wedges Green Beans Cauliflower Baked Beans Berry Sponge and Custard Ice-cream	Roast Chicken with Stuffing and Gravy Cheese and Onion Pinwheel (v) Creamed Potatoes Roast Potatoes Carrots Broccoli Cabbage Flapjack Fresh Fruit Salad	Fish Fillet Fingers Cheese and Red Onion Flan (v) Penne Pasta New Potatoes Carrots Sweetcorn Green Beans Selection of Cookies Cheese and Crackers	Sweet Chilli Chicken Pizza Selection Chips Noodles / Rice Peas Stir-fry Vegetables Baked Beans Fruit Jelly Lemon Cupcake	Week 1 Commencing 04/09/17 25/09/17 16/10/17 13/11/17 04/12/17 01/01/18 22/01/18 12/02/18 12/03/18 16/04/18 07/05/18 04/06/18 25/06/18 16/07/18
WEEK 2	Chicken Curry and Naan Bread Cheese and Potato Bake (v) Fluffy Rice Crusty Bread Peas Sweetcorn Green Beans Strawberry Mousse Vanilla Shortbread	Salmon or Pollock Fish Fillet Vegetable Curry with Naan Bread (v) Jacket Wedges Savoury Rice Broccoli, Carrots Baked Beans Chocolate Cake and Chocolate Sauce Cheese and Biscuits	Roast Beef with Yorkshire Pudding Veggie Sausage with Onion Gravy and Yorkshire Pudding (v) Creamed Potatoes Roast Potatoes Cabbage Broccoli Carrots and Swede Fruit Jelly Selection of Cookies	Lasagne Freshly Made Vegetable Pie (v) Garlic Bread Creamed Potatoes Peas Carrots Cauliflower Apple Cake Ice-cream	Gammon and Pineapple Pizza Selection (v) Chips New Potatoes Sweetcorn Green Beans Baked Beans Fruit Platter Fairy Cakes	Week 2 Commencing 11/09/17 02/10/17 30/10/17 20/11/17 11/12/17 08/01/18 29/01/18 26/02/18 19/03/18 23/04/18 14/05/18 11/06/18 02/07/18 23/07/18
WEEK 3	Beef and Potato Gratin Macaroni Cheese (v) Herby Diced Potatoes Garlic Bread Green Beans Sweetcorn, Broccoli Pancake with Toffee Sauce Chocolate Cookie	Chicken Curry Quorn Nuggets (v) Savoury Rice Creamed Potatoes Peas, Carrots Baked Beans Apple Crumble and Custard Fruity Jelly	Roast Chicken with Stuffing and Gravy Quorn Hot Pot (v) Creamed Potatoes Roast Potatoes Broccoli, Cauliflower Sweetcorn Cupcakes Cheese and Crackers	Pork Sausages Cheese and Bean Wrap (v) Jacket Wedges Creamed Potatoes Carrot and Swede Mash Peas Rice Pudding with Raspberry Coulis Apple Flapjack	Fish Fillet Fingers Pizza Selection (v) Chips New Potatoes Sweetcorn Green Beans Baked Beans Chocolate Shortbread Ice-cream	Week 3 Commencing 18/09/17 09/10/17 06/11/17 27/11/17 18/12/17 15/01/18 05/02/18 05/03/18 26/03/18 30/04/18 21/05/18 18/06/18 09/07/18

Available Daily - Fresh bread, salad selection, selection of cakes, cookies, fresh fruit and yoghurts
 Food allergies and intolerances - before ordering, please speak to our catering staff about your requirements.

Did you know?

- 75% of all meals are freshly prepared.
- 50% of produce is locally sourced.
- All meals are offered with salad, wholemeal bread and a vegetable selection.
- We use Red Tractor chicken, which guarantees safe, quality chicken which meets welfare standards.
- All fish used on our menus are Marine Stewardship Certified (MSC), meaning we only use compliant sustainable fisheries operating to high standards.
- We do not add salt to our dishes.
- All eggs are free range.
- All cakes and biscuits on offer are freshly-made.
- Once per menu cycle an assortment of fruit jelly, fresh fruit and yoghurt's are the only pudding option.
- All puddings are made from reduced sugar recipes and fresh fruit is available daily.
- Additional gluten free options can be available on request.
- Please be aware that our gluten free products are prepared and cooked in the same school kitchen as our non-gluten free products.



Allergen information

Details of allergens for each Shire Services' recipe are listed in our allergy guidance packs. Please contact the school to arrange to meet the school Catering Manager to discuss any dietary requirements.

Why not join our team?

We offer job opportunities for employment in administration, catering and cleaning. All job vacancies are advertised at:

<https://shropshirejobs.engageats.co.uk>

Free school meals?

You may qualify for free school meals. Telephone 01905 766182 for further information.



Head Office

Tel: 01743 250250
shire.services@shropshire.gov.uk
www.shropshire.gov.uk/shire-services

The Food Enterprise Centre
Battlefield Enterprise Park
Shrewsbury
SY1 3TG

W/H

Follow us on Facebook as 'Shire Services' and Twitter as 'Shropschoolmeal'



Local Food Freshly Made!

Primary School 2 Choice
Lunch Menu
September 2017 - July 2018



LOCAL seasonal
traceable healthy
TASTY free range
SUSTAINABLE **FRESH**

