

Did you know?

- 75% of all meals are freshly prepared.
- 50% of produce is locally sourced.
- All meals are offered with salad, wholemeal bread and a vegetable selection.
- We use Red Tractor chicken, which guarantees safe, quality chicken which meets welfare standards.
- All fish used on our menus are Marine Stewardship Certified (MSC), meaning we only use compliant sustainable fisheries operating to high standards.
- We do not add salt to our dishes.
- All eggs are free range.
- All cakes and biscuits on offer are freshly-made.
- Once per menu cycle an assortment of fruit jelly, fresh fruit and yoghurt's are the only pudding option.
- All puddings are made from reduced sugar recipes and fresh fruit is available daily.
- Additional gluten free options can be available on request.
- Please be aware that our gluten free products are prepared and cooked in the same school kitchen as our non-gluten free products.



Allergen information

Details of allergens for each Shire Services' recipe are listed in our allergy guidance packs. Please contact the school to arrange to meet the school Catering Manager to discuss any dietary requirements.

Why not join our team?

We offer job opportunities for employment in administration, catering and cleaning. All job vacancies are advertised at:

<https://shropshirejobs.engageats.co.uk>
Free school meals?

Head Office

Tel: 01743 250250
shire.services@shropshire.gov.uk
www.shropshire.gov.uk/shire-services

The Food Enterprise Centre
Battlefield Enterprise Park
Shrewsbury
SY1 3TG

Follow us on
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'Shropschoolmeal'



Worcestershire Primary School

Lunch Menu

April 2018 - April 2019



LOCALseasonal
traceablehealthy
TASTYfree range
SUSTAINABLEFOOD

Week



Monday

Pork & Carrot Meatballs
(With freshly-made tomato sauce)
Mediterranean Omelette (v)
Pasta, Baby Potatoes
Green Beans, Sweetcorn
Carrot Rounds
Ginger & Orange Sponge with Custard

Tuesday

Oven Baked Battered Fish Fillet
Vegetable Fingers (v)
Herby Diced Potatoes
Rice
Baked Beans, Peas
Chocolate & Vanilla Shortbread

Wednesday

Roast Beef
(With Yorkshire pudding & gravy)
Linda McCartney Sausage in a Yorkshire Pudding (v)
Roast & Creamed Potatoes
Medley of Fresh Seasonal Vegetables
Eve's Pudding & Custard

Thursday

Chicken & Vegetable Pie
Cheesy Pasta Bake (v)
Creamed Potatoes
Bread Wedge
Peas, Broccoli
Cauliflower
Selection of Cookies

Friday

Cottage Pie
Pizza
(With a selection of toppings)
Chips
Creamed Potatoes
Sweetcorn, Carrots
Baked Beans
Apple & Oat Brownie

Menu Weeks

16/04/18	04/02/19
07/05/18	04/03/19
04/06/18	25/03/19
25/06/18	
16/07/18	
10/09/18	
01/10/18	
22/10/18	
19/11/18	
10/12/18	
14/01/19	

Week



Monday

Oven Baked Fish Fingers
Vegetarian Sausage (v)
Herby Diced Potatoes
Peas, Carrots
Green Beans
Flapjack

Tuesday

Pork Sausages
Roast Vegetable & Cheese Parcel (v)
Garlic Breads
Jacket Potato Wedges
Sweetcorn, Baked Beans
Peas
Apple Crumble & Custard

Wednesday

Roast Chicken (With gravy)
Quorn Hot Pot (v)
(With gravy)
Roast & Creamed Potatoes
Carrots, Cabbage
Sweetcorn
Vanilla & Chocolate Cupcakes

Thursday

Beef Bolognaise
Vegetable Lasagne (v)
Baby Potatoes
Spaghetti, Peas
Carrots, Broccoli
Chocolate Sponge & Chocolate Sauce

Friday

Sweet Chilli Chicken
Pizza
(With a selection of toppings)
Chips, Noodles
Sweetcorn, Baked Beans
Green Beans
Selection of Cookies

Menu Weeks

23/04/18	11/02/19
14/05/18	11/03/19
11/06/18	01/04/19
02/07/18	
23/07/18	
17/09/18	
08/10/18	
05/11/18	
26/11/18	
17/12/18	
21/01/19	

Week



Monday

Shepherd's Pie
Pasta Neapolitan (v)
Herby Diced Potatoes
Chunky Fresh Bread
Baked Beans
Broccoli, Cauliflower
Assorted Fruit Muffins
(Apple, blueberry & orange)

Tuesday

Oven Baked Fish Fingers
Vegetable & Chickpea Curry (v)
Brown & White Rice
Baby Potatoes
Sweetcorn, Peas, Carrots
Toffee Cake & Custard

Wednesday

Pork & Bacon Slice
(With gravy)
Cheese & Red Onion Quiche (v)
Roast & Creamed Potatoes
Carrots
Cauliflower & Broccoli
Selection of Cookies

Thursday

Crispy Chicken
(With sweet & sour sauce)
Quorn Dippers (v)
Jacket Wedges
Noodles, Sweetcorn
Green Beans
Vanilla Iced Sponge & Custard

Friday

Oven Baked Fish Fillet
Pizza
(With a selection of toppings)
Chips
Creamed Potatoes
Peas, Carrots, Baked Beans
Fruity Friday
Fresh Fruit Salad
Fruit Platter
Fruit Jelly
Yoghurt

Menu Weeks

30/04/18	25/02/19
21/05/18	18/03/19
18/06/18	08/04/19
09/07/18	
03/09/18	
24/09/18	
15/10/18	
12/11/18	
03/12/18	
07/01/19	
28/01/19	